



WINGS

Boneless Wings	Total Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Total Sugars	Protein
Boneless Wings-Plain 16ct	1720	1000	112g	17g	0g	190mg	2820mg	90g	0g	77g
Boneless Wings w/ BBQ Sauce 16ct	1920	1000	112g	17g	0g	190mg	4050mg	120g	20g	77g
Boneless Wings w/ Buffalo Sauce 16ct	1750	1020	113g	18g	0g	190mg	6120mg	92g	1g	78g
Boneless Wings w/ Garlic Parm Sauce 16ct	2020	1280	142g	21g	0g	190mg	4480mg	97g	0g	77g
Boneless Wings w/ Mango Habanero Sauce 16ct	1880	1000	112g	17g	0g	190mg	3420mg	130g	40g	77g
Boneless Wings w/ Sweet Teriyaki Sauce 16ct	1960	1000	112g	17g	0g	190mg	4730mg	143g	48g	77g
Boneless Wings-Plain 8ct	860	500	56g	9g	0g	95mg	1410mg	45g	0g	38g
Boneless Wings w/ BBQ Sauce 8ct	960	500	56g	9g	0g	95mg	2030mg	60g	10g	38g
Boneless Wings w/ Buffalo Sauce 8ct	870	510	57g	9g	0g	95mg	3060mg	46g	0g	39g
Boneless Wings w/ Garlic Parm Sauce 8ct	1010	640	71g	11g	0g	95mg	2240mg	49g	0g	38g
Boneless Wings w/ Mango Habanero Sauce 8ct	940	500	56g	9g	0g	95mg	1710mg	65g	20g	38g
Boneless Wings w/ Sweet Teriyaki Sauce 8ct	980	500	56g	9g	0g	95mg	2360mg	72g	24g	38g

Boneless Wings Allergens: Contains Milk, Eggs, Wheat

Boneless Wings with Garlic Parmesan Sauce or Sweet Teriyaki Sauce: Contains Milk, Egg, Soy, Wheat

(See next page for Traditional Wings)

<i>Traditional Wings</i>	Total Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Total Sugars	Protein
Traditional Wings Plain 16ct	1520	1130	126g	28g	0g	290mg	1840mg	10g	0g	87g
Traditional Wings w/ BBQ Sauce 16ct	1720	1130	126g	28g	0g	290mg	3080mg	40g	20g	87g
Traditional Wings w/ Buffalo Sauce 16ct	1550	1150	127g	28g	0g	290mg	5140mg	12g	1g	88g
Traditional Wings w/ Garlic Parm Sauce 16ct	1820	1400	156g	32g	0g	290mg	3510mg	17g	0g	87g
Traditional Wings w/ Mango Habanero Sauce 16ct	1680	1130	126g	28g	0g	290mg	2440mg	50g	40g	87g
Traditional Wings w/ Sweet Teriyaki Sauce 16ct	1760	1130	126g	28g	0g	290mg	3750mg	63g	48g	87g
Traditional Wings Plain 8ct	760	570	63g	14g	0g	145mg	920mg	5g	0g	44g
Traditional Wings w/ BBQ Sauce 8ct	660	370	41g	11g	0g	145mg	1540mg	20g	10g	44g
Traditional Wings w/ Buffalo Sauce 8ct	570	380	42g	11g	0g	145mg	2570mg	6g	0g	44g
Traditional Wings w/ Garlic Parm Sauce 8ct	710	510	56g	13g	0g	145mg	1750mg	9g	0g	44g
Traditional Wings w/ Mango Habanero Sauce 8ct	640	370	41g	11g	0g	145mg	1220mg	25g	20g	44g
Traditional Wings w/ Sweet Teriyaki Sauce 8ct	680	370	41g	11g	0g	145mg	1880mg	32g	24g	44g

Traditional Wings with Garlic Parmesan Sauce: Contains Milk, Soy

Traditional Wings with Sweet Teriyaki Sauce: Contains Soy, Wheat

<i>Wings Dipping Sauces</i>	Total Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Total Sugars	Protein
Ranch Dressing 3oz.	410	400	44	7g	0g	15g	850mg	6g	3g	0g
Blue Cheese Dressing 3oz.	390	380	43g	8g	0g	30g	640mg	3g	3g	3g
BBQ Dipping Sauce 3oz.	150	0	0g	0g	0g	95mg	2360mg	72g	24g	38g
Buffalo Dipping Sauce 3oz.	20	10	11.5g	0g	0g	0mg	2470mg	2g	0g	1g
Garlic Parmesan Dipping Sauce 3oz.	230	200	23g	3g	0g	0g	1250mg	6g	0g	0g
Mango Habanero Dipping Sauce 3oz.	130	0	0g	0g	0g	0g	450mg	30g	30g	0g
Sweet Teriyaki Dipping Sauce 3oz.	180	0	0g	0g	0g	0g	1430mg	40g	36g	0g

Ranch Dressing: Contains Egg, Milk

Blue Cheese Dressing: Contains Egg, Milk, Soy

Garlic Parmesan Dipping Sauce: Contains Milk, Soy

Sweet Teriyaki Dipping Sauce: Contains Soy, Wheat

LIMITED TIME SALAD

<i>Clubhouse Salad</i>	Total Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Total Sugars	Protein
Clubhouse Salad To-Go with Blue Cheese Dressing	560	450	50g	9g	0g	195g	820mg	19g	9g	13g